



小班一日生活流程

K1 Daily Routine

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| 8: 00-9: 00 | 室内自主游戏/早点 Indoor Free Play/Morning Snack |
| 9: 00-9: 15 | 集中时间 Circle Time |
| 9: 15-10: 15 | 户外体育活动/早操 Outdoor Exercise |
| 10: 15-11: 00 | 主题相关区域活动 Unit Activities |
| 11: 00-3: 00 | 生活活动 Lunch/Nap/Getting up/Snack |
| 3: 00-3: 45 | 户外自主游戏/社团 Outdoor Play/Enrichment Class |
| 3: 45-4: 00 | 离园准备 Preparation for Leaving |
| 4: 00 | 离园时间 Leaving Time |